Sanitation, Clothing and Bedding

SANITATION

☐ Toilet paper, towelettes
☐ Soap, liquid detergent
☐ Feminine supplies
☐ Personal hygiene items
☐ Plastic garbage bags, ties (for personal sanitation uses)
☐ Plastic bucket with tight lid
☐ Disinfectant
☐ Household chlorine bleach

CLOTHING AND BEDDING

Include at least one complete change of clothing and footwear per person.

☐ Sturdy shoes or work boots
☐ Rain gear
☐ Blankets or sleeping bags
☐ Hat and gloves
☐ Thermal underwear*
☐ Sunglasses

*REMINDER: The Atlantic Hurricane Season runs through November 30, and our hurricane-vulnerable residents who live in Northern areas need to be prepared in the event of a late-season storm.
Make sure your flood insurance is up to date with proper coverage.

If your home isn't located in a flood zone, that doesn't mean you don't need to have the proper precautions in place, including flood insurance — especially in Florida. Hurricanes are unpredictable and dangerous, and the water they produce is more deadly than the wind. It’s important to remember that water doesn’t stop at a line on a map.

Get bug spray for the entire family, including your pets.

In addition to the waves of both water and frustration a hurricane brings, there are tides of mosquitoes to content with. Those nasty ‘skeeters are annoying and could spread disease, so protect your family with an EPA-registered insect repellent. And don’t forget about your furry family members — the DEET often found in human repellents can harm your pets, so make sure they have their own animal-friendly product!

Chlorine bleach can be your best friend when it comes to keeping clean through a hurricane.

Bleach can be used to disinfect a wide variety of things, but the most important one is water. The FDA advises using $\frac{1}{8}$ teaspoon of bleach per 1 gallon of water – it’ll be safe to drink in just half an hour!

Laminate copies of important documents for extra protection.

Keeping essential documents in waterproof bags might do the trick – but if you want the ultimate peace of mind, make copies of your identification and important documents and then laminate them. Don’t forget to print out a contact information sheet so you’ll have the names and numbers you need in case your phone dies and you’re unable to connect to power.

Keep a list of what’s in your fridge!

With an inventory of your refrigerator’s contents, you’ll know exactly what’s inside – minimizing how many times you open the door out of boredom, wondering what there is to eat. Take it a step further by mapping out where each product is – you’ll be able to grab exactly what you need in a matter of seconds, preserving the precious cold air that’s keeping your food from spoiling.

Keep yourself cool with a battery-powered fan.

Once the A/C is out, the notorious Florida humidity will start creeping up in no time. Stay comfortable with a battery-powered fan, and don’t forget those extra batteries! If the power goes out during a colder time of the year, have some hand warmers ready to go.