



## Sanitation, Clothing and Bedding

### SANITATION

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

### CLOTHING AND BEDDING

Include at least one complete change of clothing and footwear per person.

- Sturdy shoes or work boots
- Rain gear
- Blankets or sleeping bags
- Hat and gloves
- Thermal underwear\*
- Sunglasses

\*REMINDER: The Atlantic Hurricane Season runs through November 30, and our hurricane-vulnerable residents who live in Northern areas need to be prepared in the event of a late-season storm.



## **Make sure your flood insurance is up to date with proper coverage.**

If your home isn't located in a flood zone, that doesn't mean you don't need to have the proper precautions in place, including flood insurance — especially in Florida. Hurricanes are unpredictable and dangerous, and the water they produce is more deadly than the wind. It's important to remember that water doesn't stop at a line on a map.

## **Get bug spray for the entire family, including your pets.**

In addition to the waves of both water and frustration a hurricane brings, there are tides of mosquitoes to contend with. Those nasty 'skeeters are annoying and could spread disease, so protect your family with an EPA-registered insect repellent. And don't forget about your furry family members — the DEET often found in human repellents can harm your pets, so make sure they have their own animal-friendly product!



## **Chlorine bleach can be your best friend when it comes to keeping clean through a hurricane.**

Bleach can be used to disinfect a wide variety of things, but the most important one is water. The FDA advises using  $\frac{1}{8}$  teaspoon of bleach per 1 gallon of water — it'll be safe to drink in just half an hour!



## **Laminate copies of important documents for extra protection.**

Keeping essential documents in waterproof bags might do the trick — but if you want the ultimate peace of mind, make copies of your identification and important documents and then laminate them. Don't forget to print out a contact information sheet so you'll have the names and numbers you need in case your phone dies and you're unable to connect to power.



## **Keep a list of what's in your fridge!**

With an inventory of your refrigerator's contents, you'll know exactly what's inside — minimizing how many times you open the door out of boredom, wondering what there is to eat. Take it a step further by mapping out where each product is — you'll be able to grab exactly what you need in a matter of seconds, preserving the precious cold air that's keeping your food from spoiling.

## **Keep yourself cool with a battery-powered fan.**

Once the A/C is out, the notorious Florida humidity will start creeping up in no time. Stay comfortable with a battery-powered fan, and don't forget those extra batteries! If the power goes out during a colder time of the year, have some hand warmers ready to go.