



## Special Items

Remember family members with special requirements, such as infants and those who are elderly or have a disability.

### FOR BABY

- Formula
- Diapers
- Bottles
- Powdered milk
- Medications

### FOR ADULTS

- Heart and high blood pressure medication
- Insulin
- Prescription drugs
- Denture needs
- Contact lenses and supplies
- Extra eye glasses

### ENTERTAINMENT

- Board games and other games that don't require batteries or electricity, books for adult readers and for children.

### FOR PETS

- In the interest of protecting pets, the Humane Society of the United States offers these tips for inclusion in your family disaster plan:
  - Do not leave your pets behind.
  - Securely fasten a current identification tag to your pet's collar and carry a photograph of your pet. It's important to include the phone number of a friend or family member on the tag so anyone who may find your pet is able to reach someone who knows you.
  - Transport pets in secure pet carriers and keep pets on leashes or harnesses.
  - Call hotels in a safe/host location and ask if you can bring your pets. Ask the manager if a no-pet policy can be lifted during the disaster. Most emergency shelters do not admit pets.
  - Call friends, family members, veterinarians, or boarding kennels in a safe/host location to arrange foster care if you and your pets cannot stay together.
  - Pack a week's supply of food, water, and other provisions, such as medication or cat litter.
  - Do not wait until the last minute to evacuate. Rescue officials may not allow you to take your pets if you need to be rescued.
  - Keep a list of emergency phone numbers (veterinarian, local animal control, animal shelters, Red Cross, etc.)



## **Make sure your flood insurance is up to date with proper coverage.**

If your home isn't located in a flood zone, that doesn't mean you don't need to have the proper precautions in place, including flood insurance — especially in Florida. Hurricanes are unpredictable and dangerous, and the water they produce is more deadly than the wind. It's important to remember that water doesn't stop at a line on a map.

## **Get bug spray for the entire family, including your pets.**

In addition to the waves of both water and frustration a hurricane brings, there are tides of mosquitoes to contend with. Those nasty 'skeeters are annoying and could spread disease, so protect your family with an EPA-registered insect repellent. And don't forget about your furry family members — the DEET often found in human repellents can harm your pets, so make sure they have their own animal-friendly product!



## **Chlorine bleach can be your best friend when it comes to keeping clean through a hurricane.**

Bleach can be used to disinfect a wide variety of things, but the most important one is water. The FDA advises using  $\frac{1}{8}$  teaspoon of bleach per 1 gallon of water — it'll be safe to drink in just half an hour!



## **Laminate copies of important documents for extra protection.**

Keeping essential documents in waterproof bags might do the trick — but if you want the ultimate peace of mind, make copies of your identification and important documents and then laminate them. Don't forget to print out a contact information sheet so you'll have the names and numbers you need in case your phone dies and you're unable to connect to power.

## **Keep a list of what's in your fridge!**

With an inventory of your refrigerator's contents, you'll know exactly what's inside — minimizing how many times you open the door out of boredom, wondering what there is to eat. Take it a step further by mapping out where each product is — you'll be able to grab exactly what you need in a matter of seconds, preserving the precious cold air that's keeping your food from spoiling.



## **Keep yourself cool with a battery-powered fan.**

Once the A/C is out, the notorious Florida humidity will start creeping up in no time. Stay comfortable with a battery-powered fan, and don't forget those extra batteries! If the power goes out during a colder time of the year, have some hand warmers ready to go.

